

# Falafel mix

## DESCRIPTION

The product appears as a light coloured powder with a spicy smell.

## USAGE

Add the seasoning to taste, and serve with the falafel.

## PREPARATION

Mix 300 g with 300 ml of cold water. Let the mix settle for at least 30 minutes. Use spoon to form the falafel paste into individual balls of 1 inch diameter by 1/2 inch. Deep fry in hot oil (suggested temperature: 350°F/ 180°C) until golden brown. N.B.: Center of the ball should still be moist after cooking.

## INGREDIENTS

Chickpea flour, fava bean powder, dehydrated onion, baking powder, salt, dehydrated garlic, spices, canola oil.

## PACKAGING

White plastic container made of (HDPE). Sealed for your protection.

## CASE SIZE

12 Units x 710 g  
 Height: 12"  
 Width: 9.5"  
 Depth: 12.25"  
 Volume: 0.80 p2

## OTHER PACKAGING OPTIONS

Plastic Pail 3.5 Kg

CODE	DESCRIPTION	WEIGHT	CASE WEIGHT
4750	<b>Falafel mix</b>	710 g (1.6 lbs)	8.8 kg

## STORAGE

Store under cool, dry and clean warehouse conditions, off the floor and away from outer walls. Under these conditions the shelf life of the product is estimated at one year or longer.



UPC: 060612475016

Nutrition Facts	
per 3 tsp (30 g)	
Amount	% Daily Value
<b>Calories</b> 110	
<b>Fat</b> 1 g	2 %
Saturated 0,1 g + Trans 0 g	1 %
<b>Cholesterol</b> 0 mg	
<b>Sodium</b> 460 mg	19 %
<b>Carbohydrate</b> 17 g	6 %
Fibre 4 g	16 %
Sugar 2 g	
<b>Protein</b> 6 g	
Vitamin A	0 %
Vitamin C	2 %
Calcium	4 %
Iron	10 %